

## Enjoy the River Safely

- Wear your life jacket. Make sure your child wears a life jacket!
- Use alcohol responsibly. Many river accidents involve alcohol.
- Wear sunscreen, sunglasses, and a hat to prevent sunburn. Water reflects the rays of the sun giving you a double dose of ultraviolet light.
- Avoid trees that have fallen in the river. They can catch and overturn your vessel.
- Don't jump from cliffs, bridges, or trees.
- Protect your feet with river shoes, water sandals, or old shoes. Fish hooks, glass, and rocks can injure your feet.
- Bring your own drinking water. Treat river water before drinking to avoid giardia, a serious stomach irritant.
- Blastomycosis is a fungal infection that is commonly contracted by dogs and sometimes by humans. Avoid digging in moist soils.
- Check for ticks often and know the symptoms of Lyme disease. Deer ticks are common along the Riverway and some carry the bacteria that cause the disease.
- Know how to identify poison ivy and avoid contact.



deer tick



wood tick

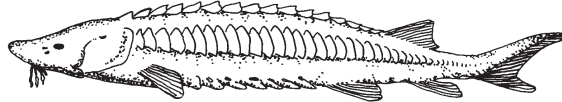


poison ivy

## National Park Service St. Croix National Scenic Riverway



### Namekagon River Map 3: Trego to Riverside Landing



*"One of the reasons I love the Namekagon is because it's so alive."*

*Sigurd Olson*

Listen to multitudes of birds, look for animals along the shore, and spend time gazing into the Namekagon's clear water, and you will see why Sigurd Olson said the Namekagon is "so alive."

Under the water is a world unlike any other, teeming with fish, mussels, turtles, water bugs, and other invertebrates. Chances are you will see Wisconsin's largest fish, a lake sturgeon. The word "Namekagon" can be loosely translated from Ojibwe to mean "place of the sturgeon." Lake sturgeon live in the Namekagon below Trego Dam and are often seen by visitors, especially when the water is low. They like to lie motionless in the shadows of overhanging trees and banks.

Discover clean water, lush landscapes, and quiet solitude along the St. Croix National Scenic Riverway, a national park that with your help protects 255 miles of wild and scenic river corridor.



## Top Riverway Regulations

- Approved life jackets for each person are required on your vessel. Children under 13 are required to wear a life jacket.
- Glass containers are prohibited on lands and waters within the Riverway.
- Disposing human waste into the river is prohibited.
- Jumping from cliffs, bridges, or trees is illegal and dangerous.
- Open campfires are allowed only in metal fire rings. Campfires must be out and cold before you leave the area.
- The cutting of live vegetation is strictly prohibited. Dead and down wood may be collected for campfires from shoreline areas, however, it cannot be collected from islands.
- Possession of firewood that originates more than 50 miles from the Riverway is prohibited.
- Individual campsites accommodate a maximum of 8 people and 3 tents. Group sites accommodate a maximum of 16 people and 6 tents.
- Littering is not allowed. Carry out all trash.
- It is illegal to shoot or possess fireworks on lands and waters within the Riverway.
- Collecting freshwater mussels, mussel shells, wildflowers, and historical artifacts is prohibited.
- Quiet hours are 10:00 p.m. to 6:00 a.m.



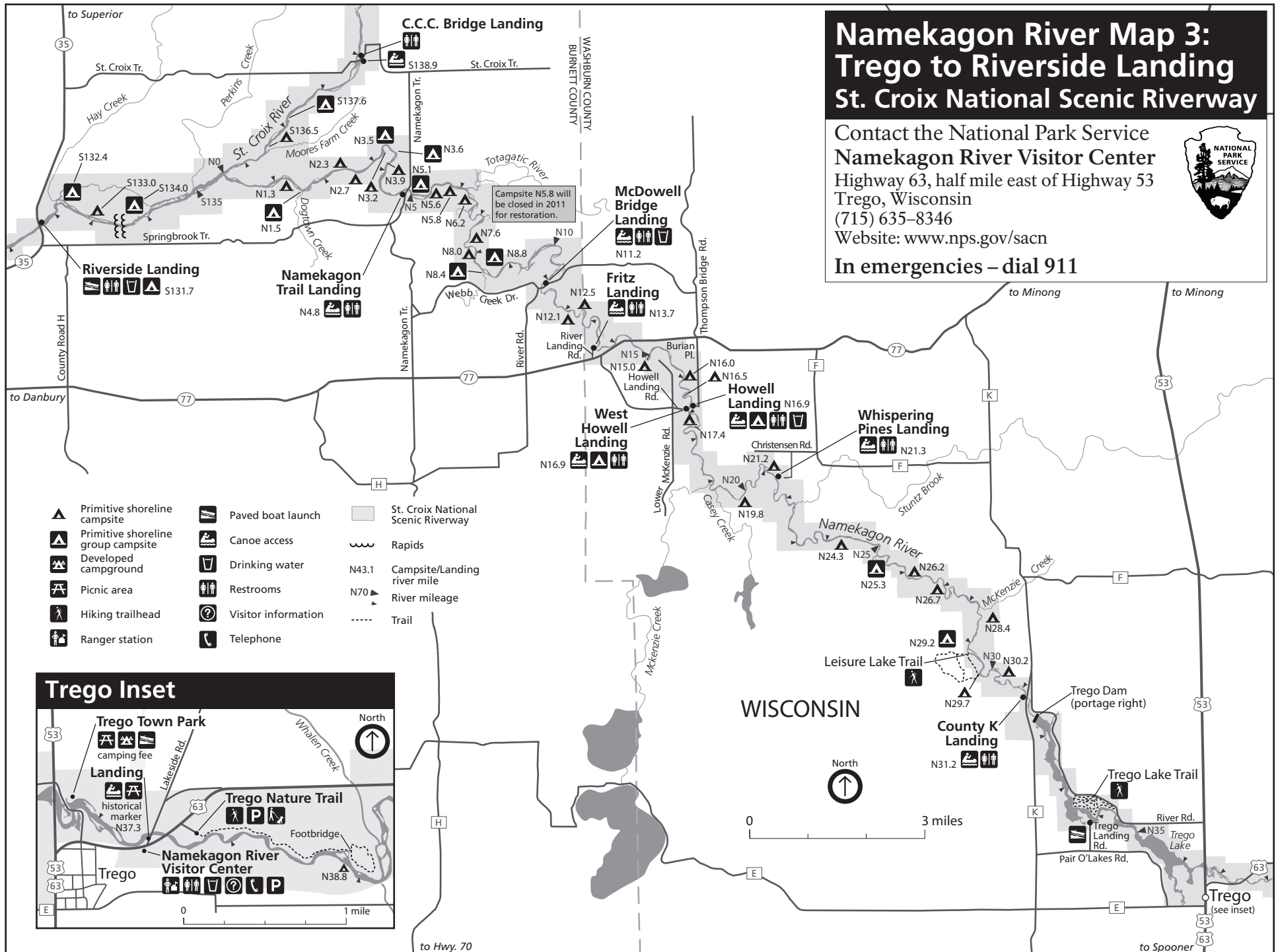
# Namekagon River Map 3: Trego to Riverside Landing

## St. Croix National Scenic Riverway

Contact the National Park Service  
**Namekagon River Visitor Center**  
 Highway 63, half mile east of Highway 53  
 Trego, Wisconsin  
 (715) 635-8346  
 Website: [www.nps.gov/sacn](http://www.nps.gov/sacn)



**In emergencies – dial 911**



### Trego Inset

